

## Getting Started

Once you have completed training and selected a problem to work on\*, you can register this or ask for support with your improvement work by emailing [improvement@somersetft.nhs.uk](mailto:improvement@somersetft.nhs.uk)

You will receive confirmation and a criteria to follow to receive certification of your participation or leadership in an improvement project depending on the score you achieve against the criteria.



\* If you are struggling to find a problem, we are here to help. We can discuss, share ideas and inform you of improvement projects already running or about to start

## Evidence to submit

You will need to submit either a poster or presentation\* of your improvement work to: [improvement@somersetft.nhs.uk](mailto:improvement@somersetft.nhs.uk) quoting the reference number you were sent when you registered your project at least 2 weeks before you need your certificate.



\* We have templates for posters and presentations you could use. If you would like these, please email.

## Criteria

Your submission will be scored against the criteria\* domains:

- Step 1 – Forming the team
- Step 2 – Problem understanding
- Step 3 – Aim
- Step 4 – Measures
- Step 5 – Change Ideas
- Step 6 – PDSA Cycles
- Step 7 – Spread
- Bonus Points – Creative flair

## Scoring boundaries

Score	Outcome
8 or Less	No certification
9 to 17	Participated in an improvement Project
18 +	Led an improvement project

\* If you do not have the criteria, email the improvement team to get one

## Quick & Easy Hints & tips

- Audit is not improvement; improvement requires continuous measurement over time to understand the impact of changes you are making. Audit is historical data (could become the baseline for improvement)
- Include run charts on your presentation or poster.
- Describe the improvement or benefit concisely – what value have you added?
- Consider how you will include patients in your change
- Use the tools you learnt in your training to help with the steps
- If you need help, don't struggle, get in touch on the email address!



## Improvement Cheat Sheet for Junior Doctors



## Guide to certification for your Improvement work

For help / advice  
[improvement@somersetFT.nhs.uk](mailto:improvement@somersetFT.nhs.uk)

## Introduction

These steps will help you to ensure sign off for your involvement or leadership in an improvement project as per your curriculum.



## Improvement Training

As part of your curriculum, you need to complete some Improvement training.



To see the options for training go to LEAP via the Trust intranet and search 'improvement'. We have a range of offers available including a new self-directed bronze offer will take you through the improvement steps and provide a certificate on completion. You could also attend a virtual session if you prefer, the choice is yours!

## Improvement at SFT

We use a 7-step methodology which is a well evidenced approach based on the [Model for Improvement](#).



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## Quadruple Aim

The **Quadruple Aim** is at the heart of all improvement work. It is made up of four complementary aims:

- ❖ Service user experience
- ❖ Population health & care outcomes
- ❖ Sustainability & Optimisation
- ❖ Colleague wellbeing

